

# Live-in Care

# For continuity, security and peace of mind

At Dovida, we know that the majority of Ireland's ageing adults would prefer to live in their own homes and remain in their local communities instead of nursing homes or assisted living facilities.



### Why choose a Dovida Live-in Care Plan?

Many older adults need some level of care and assistance with various activities in their daily lives.

Our Live-in Care Plans help them to remain at home safely and securely, bringing peace of mind to both clients and their families.

Care Plans are flexible and additional hours can be provided through your local office at an additional charge.

All Care Plans are built upon our person-centred care model - our Circle of Care, which is second to none in the Irish home care sector.

Dovida has been most helpful and attentive in providing Live-in Care for my brother. Their caregivers are all I could ask for: well-trained, friendly and enthusiastic for his welfare

- Client family member

## Your Life, Your Way



Like all Dovida's Care Plans, Live-in Care Plans are designed to support, uplift and empower the individuals we serve.

Our primary caregiver resides with the client and is on active duty for seven hours a day, six days a week. Cover is provided by the local office for the seventh day, the caregiver's day off.

They provide care for you or your loved one as and when it is needed, as the sample timetable below shows.

#### Caregiver selection and training

Dovida's Live-in Caregivers are recruited both locally and through our international partners.

They are fully vetted, have excellent references and participate in our comprehensive training programme before they start work with our clients.

We take great care to ensure that clients' interests are matched to those of their Dovida caregiver. Live-in Caregivers can access 24-hour support from their local office.

We can provide quality home care assistance to one or two people living in the same house.

#### What should I do next?

Let's start with a conversation.

We offer a free, no-obligation, in-home care consultation with you and your loved ones.

Together we can create a personalised Live-in Care Plan that fits your needs and preferences. Call 1800 911 855 or contact your local office today.

dovida.ie

#### A typical day

| • 1           |   |
|---------------|---|
| 08:00 - 11.00 | <ul> <li>Companionship</li> <li>Breakfast preparation</li> <li>Light exercises</li> <li>Personal care</li> <li>Housework</li> </ul> |
| 13:00 - 15:00 | <ul> <li>Lunch preparation<br/>and clear-up</li> <li>Card games,<br/>crosswords<br/>or other<br/>indoor activities</li> </ul>       |
| 17:30 - 18.30 | <ul><li>Dinner preparation</li><li>Medication reminder</li><li>Tidy up after meal</li></ul>   |
| 20:00 - 21:00 | <ul> <li>Personal care</li> </ul>   |

Companionship

Assist to bed